

October

LUNCH MENU

MILL A SCHOOL DISTRICT 2023-24

Monday	Tuesday	Wednesday	Thursday	Friday
2 Beef Teriyaki Dippers Rice Broccoli Cauliflower Pineapple Craisins	3 Baked Potato Soup WW Roll String Cheese Carrots w/ Hummus Pears	4 Cheeseburger French Fries Pickles Apple Slices Raisins	5 Turkey Nachos Corn Black Beans Salsa/Sour Cream Peaches	6 Chicken Nuggets Mac & Cheese Salad Cucumbers Orange Slices
9 Corn dog Goldfish Crackers String Cheese Carrots w/ Hummus Mixed Fruit	10 Bean & Cheese Burrito Spanish Rice Corn Salsa/Sour Cream Peaches	11 Chicken Burger Tater Tots Baked Beans Apple Slices Raisins	12 Chicken Pesto Pasta Garlic Bread Broccoli Cauliflower Pears	13 Pizza Rippers Salad Cucumbers Orange Slices
16 Chicken Curry Rice Peas Carrots Pears	17 Cheese Quesadilla Refried Beans Corn Salsa/Sour Cream Peaches	18 Cheeseburger French Fries Pickles Apple Slices Raisins	19 Spaghetti Garlic Bread Salad Cucumbers Pears	20 Popcorn Chicken WW Roll Mashed Potatoes Green Beans Orange Slices
23 Chicken Teriyaki Rice Broccoli Cauliflower Pineapple Craisins	24 Beef & Cheese Burrito Corn Refried Beans Salsa/Sour Cream Peaches	25 Chicken Burger Tater Tots Baked Beans Apple Slices Raisins	26 Homemade Chili Shredded Cheese Cornbread Celery w/ PB Fruit Cup	27 Pizza Sticks w/ Marinara Sauce Salad Cucumbers Orange Slices
30 BBQ Pulled Pork Sandwich Potato Salad Coleslaw Pears	31 Beef Nachos Corn Black Beans Salsa/Sour Cream Peaches			

*Menu is subject to change due to availability of products. Please check the school website for updated menu information.



This Institution is an Equal Opportunity Provider and Employer.

1% and Non-Fat Milk Provided Daily.

